

# WHAT'S NEW

DEC  
2022

## for sophomores



### IMPORTANT DATES

- Dec. 13-15 Semester Exams
- Dec. 15- Winter Semi-Formal Dance (more details to come)
- Dec.19-Jan 2- No School- CHRISTMAS BREAK!

### LOOKING AHEAD

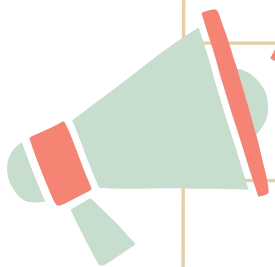
- January 3- School Resumes!!
- January 16- No School MLK Jr. Day
- January 18- AM Assembly Schedule (PLCs)



### SEMESTER EXAMS WEEK

- **STUDENTS ARE REQUIRED TO TAKE SEMESTER EXAMS AT THE TIME DESIGNATED UNLESS PREVIOUS APPROVAL FROM A PRINCIPAL.**
- **FAILURE TO TAKE SEMESTER EXAMS AT TIME DESIGNATED WILL RESULT IN A ZERO (0) FOR THE EXAM GRADE.**
- **STUDENTS CANNOT BE CHECKED OUT DURING AN EXAM.**
- **SEMESTER EXAMS SHOULD NOT BE GIVEN EARLIER THAN THE SCHEDULED TIME. STUDENTS SHOULD NOT SCHEDULE APPOINTMENTS, VACATIONS, ETC. DURING SMESTER EXAM WEEK.**

SUN	MON	TUE	WED	THU	FRI	SAT
				Modified Assembly Schedule Night Library 6:15-8:15	1 2	3
4	5	6 Night Library 6:15-8:15	7	8 Night Library 6:15-8:15	9	10
11	12	<u>1st period-</u> 8:17-9:48 <u>2nd Period-</u> 9:54-11:31 <u>7th Period-</u> 12:18-1:48	<u>3rd period-</u> 8:17-9:48 <u>4th Period-</u> 9:54-11:31	<u>5th period-</u> 8:17-9:48 <u>6th Period-</u> 9:54-11:31 Winter Semi Formal- time TBD	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



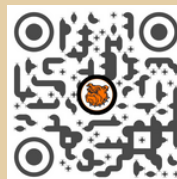
**FINALS WEEK!**

**CHRISTMAS BREAK!!!**

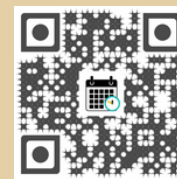
### CONTACT:

- Office Hours: 8:00 am-4:00 p.m.
- Email: [dkinnibrugh@bulldogs.org](mailto:dkinnibrugh@bulldogs.org)
- Teams: Debbie Kinnibrugh
- Parent Remind: @ahs25par
- Student Remind: @dogs2025

### WEBSITE



### APPOINTMENT



## Impairment Begins With the First Drink

December is National Impaired Driving Prevention Month.

"Weekends and holidays can be dangerous times on our roadways. Two of the most celebrated days of the year, Christmas Eve and New Year's Eve, also are among the most deadly. That's why December has been recognized as National Impaired Driving Prevention Month. Taking personal responsibility for a safe ride saves lives.

Before taking that first drink, have a plan that includes a designated driver, a taxi or ride share, or an overnight stay at a friend's home.

Just a single drink can cause a decline in visual function, mental judgment and motor skills, resulting in driver impairment.

In the 1980s, the United States saw a significant reduction in alcohol-involved crashes due to lowering the legal driving limit to 0.08 blood alcohol concentration, increasing the minimum legal drinking age to 21 and instituting educational campaigns about the dangers of drinking and driving.

However, for more than 20 years, drivers with alcohol concentrations at or above 0.08 have remained involved in about one-third of all traffic fatalities in the U.S. That's about 10,000 lives lost every year.

To reduce this toll, the National Safety Council supports:

- A national campaign educating Americans on impairment beginning with the first drink
- Efforts by states to lower the legal limit for blood alcohol concentration in drivers

The legal alcohol concentration limit in all states is 0.08. Research shows that for the majority of drivers, driving performance has deteriorated significantly at this level.

However, the current U.S. culture regarding driving and alcohol is not supportive of lowering driving limits for all adult drivers. And despite drivers' views of drinking and driving as a very serious threat, more than one in eight drivers admit to driving in the past year when they thought they were close to or over the legal limit.

NSC knows more must be done to educate our fellow citizens about alcohol impairment, and we believe change can happen as people know more. A strategy grounded in human behavior theory is needed to change those beliefs and ultimately influence widespread change.

Read the NSC Low Alcohol Concentration National Culture Change policy statement. It includes data, scientific evidence of impairment at low levels, and background.

### Alcohol Only One Cause of Impaired Driving

Drugs — including opioids, marijuana and some over-the-counter medicines — can impair driving by causing drowsiness, altering visual functions and affecting mental judgment and motor skills. Even other factors, such as fatigue and stress, can impair your ability to drive.

Drivers should avoid driving while impaired by any of these factors, just as they would if they consumed alcohol. To learn more about the many causes of impairment, visit [nsc.org/impairment](https://www.nsc.org/impairment).

<https://www.nsc.org/road/safety-topics/impaired-driving>

## Impaired Driving Facts

- "In 2016, 10,497 people died in alcohol-impaired driving crashes, accounting for 28% of all traffic-related deaths in the United States.<sup>1</sup>
- Of the 1,233 traffic deaths among children ages 0 to 14 years in 2016, 214 (17%) involved an alcohol-impaired driver.<sup>1</sup>
- In 2016, more than 1 million drivers were arrested for driving under the influence of alcohol or narcotics.<sup>3</sup> That's one percent of the 111 million self-reported episodes of alcohol-impaired driving among U.S. adults each year (figure below).
- Drugs other than alcohol (legal and illegal) are involved in about 16% of motor vehicle crashes.<sup>4</sup>
- Marijuana use is increasing and 13% of nighttime, weekend drivers have marijuana in their system.<sup>5</sup>
- Marijuana users were about 25% more likely to be involved in a crash than drivers with no evidence of marijuana use, however other factors—such as age and gender—may account for the increased crash risk among marijuana users.<sup>4</sup>"

[https://www.cdc.gov/transportationsafety/impaired\\_driving/impaired-driv\\_factsheet.html](https://www.cdc.gov/transportationsafety/impaired_driving/impaired-driv_factsheet.html)

## Resources



### Home

[myashleah.org](http://myashleah.org) drunk driving education, hope, choices,...

[myashleah.org](http://myashleah.org)



### Buzzed Driving

NHTSA's Buzzed Driving campaign focuses on the dangers of buzzed...

[nhtsa.gov](http://nhtsa.gov)

"DRINKING AND DRIVING CAN DESTROY LIVES AND FAMILIES."  
- VALERIE MENDRALLA